

STMARY'S



www.stmarysmiddlewich.cheshire.sch.uk

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Newsletter 16th January 2026

Dear Parents/carers,

The feast of the Epiphany celebrates the Wise Men from the East who recognised Jesus for who He is, bringing gifts of gold, frankincense and myrrh. This feast was a wonderful opportunity to usher in the new year and remind children of the important things in life. The children have been encouraged to join the Wise Men and share what they think is 'gold' in their life and to think about what 'gifts' they can bring to Jesus this year.



Arbor

Moving to Arbor - Important Information

All club bookings, school trips and school lunch payments are now managed via Arbor. All School communications will also be sent via Arbor going forward.

If you are having difficulty logging in to Arbor or accessing your child's account, please contact Mrs Lea on admin@stmrc.uk¹, who will be happy to assist.

Thank you for your continued support.

Chapel Group & Mini Vinnie meetings

Chapel group resumes next Tuesday (21st January) at 8am, entrance through the Chapel corridor. I hope as many Mini Vinnies are able to attend this whole school faith / art and craft session.

Mini Vinnies will be meeting on Wednesdays after school from 3pm to 3:45pm. Hopefully the Mini Vinnies will be able to attend one or both of these sessions.

Yr 6 Robinwood Kit List

Please see below for the kit list for Year 6's residential trip to Robinwood from 4th - 6th February 2026.

- Water Bottle
- 3 Comfortable long-sleeved tops (sweatshirts/jumpers/hoodies/fleeces)
- 3 T-shirts (not vest type)
- 3 Pairs of trousers (not restrictive; sportswear is good/ideally not jeans)
- 2 Pairs of leggings you don't mind getting wet/dirty
- 5 Sets of underwear
- 6 Pairs of socks
- 2 Pairs of trainers
- 2 Towels
- 1 Warm or Waterproof coat
- 1 Hat (for cold weather)
- Scarf/gloves

¹<mailto:admin@stmrc.uk>

- 1 or 2 sets of nightwear (dressing gown if it'll fit in your case)
- 1 Bag of toiletries

Message from Cheshire East

Dear Parents/Carers,

Cheshire East are undertaking a Cheshire Care Assessment. Please see their message:

We want to hear from you! Are you a parent who uses, or wants to use, early years childcare? Or do you have a school-aged child who uses, or may use, a before-school or after-school club or holiday club? Cheshire East wants to hear your thoughts on early years childcare and wraparound childcare for any of your children aged 0-14 years old, or up to 25 years old if they have a special educational need or disability (SEND).

To tell us about your childcare needs the Council would be extremely grateful if you could complete this survey before Friday 20 February 2026.

<https://www.smartsurvey.co.uk/s/CheshireEast-CSA2026Parents/>

If you have any questions about the local authorities' responsibility to provide sufficient childcare, or the purpose of this survey, you can contact:
Earlyyearsandchildcareteam@cheshireeast.gov.uk² As always, thank you for your valuable feedback!

Toy Sale

We are holding a toy sale on Monday 20th January during the school day. Children will be able to have a look and buy something if they wish, so please send them in with a little money.

Mixed Indoor Athletics - Tuesday 27th January

Year 5 and Year 6 are invited to sign up to the Mixed Indoor Athletics tournament held at St Nick's on Tuesday 27th January.

There will be a coach at 3pm to St Nick's provided from school, however you will need to collect your child from St Nick's at the end of the event at 5:30.

Please confirm your child's attendance via Arbor by Midday on Friday 23rd January.

²<https://Earlyyearsandchildcareteam@cheshireeast.gov.uk>

Dates for your diary and school trips

Diary Date Reminders 2026

Wednesday 4 th to 6 th February	Y6 residential to Robinwood
Wednesday 11 th February	Valentine's Disco
Friday 13 th February	School closes for half term at 3pm
Wednesday 18 th February	Ash Wednesday falls in half term.
Monday 23 rd February	School opens for Spring 2 half term
Wednesday 18 th to 20 th March	Y5 residential to Redridge
Friday 27 th March	Y4 Pupils visit to St Nicholas High School
Wednesday 17 th June	Y5 Activities' Day at St Nicholas High School
Tuesday 7 th & Wednesday 8 th July	Y6 Transition Days to St Nicholas High School
Friday 10 th July	Summer fair 3pm onwards
Tuesday 14 th July	Year 6 production 6pm (advance notice)
Thursday 16 th July	Leavers Mass

School Trip Reminders

Please pay on Arbor

Green are school residentials

Red are school day trips

Cost	Place	Year Group	Date
£218	Robinwood	6	4 th to 6 th February 2026
£203	Redridge	5	18 th to 20 th March 2026

SEN Family Meet ups



ST MARY'S CATHOLIC PRIMARY
Middlewich


... **SEN** ...
Coffee morning

24/1/26, 7/3/26, 18/4/26
Manor Lane, CW10 9DH


Opportunity to chat!
10 - 11am

Come and talk to other parents about SEN.

Cheshire East Council SEN Drop Ins



With you all the way



Wirral Community Health and Care
NHS Foundation Trust



Cheshire East Council

SEND Drop Ins

SEND 0-19+ health practitioners (On behalf of health visitor/school nursing services Cheshire East) for parents of children & Young people for support, signposting and guidance with all SEND related issues and helping to understand why your child may be struggling and ideas that may help. Think your child may have SEND and not sure where to go or what to do? Need support around toileting, sleep, behaviour or development – feel free to drop in for a chat?? You will be seen on a 1-1 basis and there is no need to bring your child.

January 2026

Thurs 8th January 9.15-12.15am Monks Coppenhall SEND Hub (appts only)
Mon 12th September 9-11am Ash Grove Family Hub (appts only)
Tues 13th January 9.15-12.15am Nantwich Children's Centre (appts only)
Thurs 15th January 9-11am Congleton Family Hub (appts only)
Wed 21st January 1.30-2.30pm Alsager Library (drop in)
Friday 23rd January 9-11am Knutsford Children's Centre (drop in)
Tues 27th January 1-2pm Oakenclough Family Hub (appts only)

February 2026

Monday 2nd February 9-11am Ash Grove Family Hub (appts only)
Thurs 5th February 9.15-12.15 Monks Coppenhall SEND Hub (appts only)
Friday 6th February 9.30-11.00am Disley Library and Community Centre (drop in)
Tuesday 10th February 1-2pm Oakenclough Family Hub (appts only)
Fri 13th February 9-11am Congleton Family Hub (appts only)
Tues 17th February 9.15-12.15am Nantwich Children's Centre (appts only)
Wed 18th February 1.30-2.30pm Alsager Library (drop in)

Music For Life

Music for Life have asked us to pass this on to parents.

Instrumental and Singing lessons are available with Music for Life at school, and your child could be part of something amazing.

Here's what you need to know:

- Weekly 20 or 30 minute lessons in school, individual or small group
- Lessons start from just £29.95 per month (pupil premium subsidies available)

Booking is simple: visit our online portal, complete your details, and we'll confirm lesson times with one of our fantastic tutors.

If you have any questions, email us at info@musicforlife.org.uk.

To begin, complete the booking form on their portal (<https://www.musicforlife.org.uk/apply-now/>) by 30th January to start lessons after February half term.

Mirror Mirror on the wall...

👑 ✨ Where's the fairest fun of all?

Right here in Northwich this January! 🗨️ Join Mrs Lea's theatre group Together for Theatre Productions for a glittering adventure bursting with laughter, songs, and that classic panto magic! Expect wicked queens, hilarious dwarves, and a story filled with sparkle, silliness, and happily ever afters. ❤️

Don't let the magic fade — book your seats for Snow White today! 🎫 togetherfortheatre.co.uk/tickets³

Performances run from **Wednesday 28th to Saturday 31st January.**



Household Support Fund Information

[https://www.cheshireeast.gov.uk/council and democracy/council information/financial-support/household-support-fund.aspx](https://www.cheshireeast.gov.uk/council%20and%20democracy/council%20information/financial-support/household-support-fund.aspx)

Mental Health & Wellbeing

Please see the December's newsletter for advice and guidance links such as:

- Mindwell - ⁴MindWell's top 10 tips for winter wellbeing^{5 6}

³<http://togetherfortheatre.co.uk/tickets>

⁴<https://www.mindwell-leeds.org.uk/myself/looking-after-your-wellbeing/mindwells-top-ten-tips-for-winter-wellbeing/>

⁵<https://www.mindwell-leeds.org.uk/myself/looking-after-your-wellbeing/mindwells-top-ten-tips-for-winter-wellbeing/>



January 2026 Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Autism - Improving Communication	5 Jan 10am
Improving Family Communication	5 Jan 7pm
Supporting A Child with ADHD	6 Jan 10am
Understanding Addictive Behaviour	6 Jan 7pm
Anxiety Based School Avoidance	12 Jan 10am
Understanding Anger	12 Jan 7pm
Supporting Healthy Screen Use	13 Jan 10am
Facing Defiance	13 Jan 7pm
Cannabis and Ketamine Awareness	19 Jan 10am
Anxiety Explained	19 Jan 7pm
Introduction to OCD	20 Jan 10am
What Is ACT	20 Jan 7pm
FREE Responding to Angry Behaviour	22 Jan 7-8pm
Raising Self-Esteem	26 Jan 10am
Decreasing Depression	26 Jan 7pm
Supporting Healthy Sleep	27 Jan 10am
Understanding the Teenage Brain	27 Jan 7pm

⁶<https://www.mindwell-leeds.org.uk/myself/looking-after-your-wellbeing/mindwells-top-ten-tips-for-winter-wellbeing/>



FEBRUARY 2026 Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Autism - Improving Communication	2 Feb 10am
Improving Family Communication	2 Feb 7pm
Supporting A Child with ADHD	3 Feb 10am
Understanding Addictive Behaviour	3 Feb 7pm
Anxiety Based School Avoidance	9 Feb 10am
Anxiety Explained	16 Feb 10am
Cannabis and Ketamine Awareness	16 Feb 7pm
What is ACT?	17 Feb 10am
Introduction to OCD	17 Feb 7pm
FREE - Reducing the Harm from Screens	19 Feb 7-8pm
Understanding the Teenage Brain	23 Feb 10am
Raising Self-Esteem	23 Feb 7pm
Decreasing Depression	24 Feb 10am
Supporting Healthy Sleep	24 Feb 7pm
Understanding Anger	9 Mar 7pm
Facing Defiance	10 Mar 7pm

online talk by Jane Keyworth



Supporting a Child with ADHD

Challenging the stereotypes, offering practical support and explaining more about this condition



3rd February 10-11:30am

3rd March 7-8:30pm



Book online

facefamilyadvice.co.uk

£24 or Free with a school membership code



Middlewich IT Sessions

FREE IT SESSIONS

DO YOU LACK CONFIDENCE IN FINDING YOUR WAY AROUND YOUR PHONE OR TABLET?

If so, please come along to St Mary's Catholic Primary School (Manor Lane, Middlewich) on:

Saturday 24th January

Saturday 7th March

Saturday 18th April

10.00 — 11.30am

Help with Smartphones and Tablets

Refreshments provided

For more information, please contact Lucie Ferneyhough on 07929 717909 or lucie.ferneyhough@cheshireeast.gov.uk

Steps to healthier Schools

Please see December's newsletter for links to resources such as the below:

- NHS Guidance for Parents Is my child too ill for school?⁷ – a useful resource to help parents decide when children should stay at home.

Extracurricular Clubs

Monday

- KS1 and KS2 Climbing Frame Fun (£44 per term)

Tuesday

- Chapel Group 8 - 8:30am - all welcome (entrance in the morning through corridor next to year 6)
- KS2 basketball (£48 per term)

Wednesday

- KS1 and KS2 football (£48 per term)
- Mini Vinnies 3pm to 3:45pm
- Yr 6 Maths

Thursday

- Reception & KS1 dodgeball (£48 per term)
- Mad Science (£63 for 6 sessions - to book click [HERE](#)⁸)

Friday

- Rock Steady Music - 8.30am to 10.30am (to book click [HERE](#)⁹)
- KS2 Drama (no charge)
- Homework Club (whilst in ASC)

⁷<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

⁸<https://northengland.madscience.org/parents-register-a.aspx>

⁹<https://www.rocksteadymusicschool.com/>

School Nursery



Please see our nursery page for more information on our school website - Nursery¹⁰

Contacting the School Office

When contacting the school office for parent queries relating to clubs, medical appointments or school payment items, please contact the school office email which is: schooloffice@stmrc.uk¹¹

If you have a general enquiry or a query regarding admissions or paper copies of any information published on our website, or assistance with Arbor please contact the School Office Manager at: admin@stmrc.uk¹²

To contact the headteacher Mrs Janet McKinlay, please email head@stmrc.uk¹³

To contact our school SENCO Miss Laura Dziamarski, please email ldziamarski@stmrc.uk¹⁴

If you have a query or concern regarding your child please speak with your child's class teacher in the first instance.

Absence

- Reporting an absence, please ring 01606 516 171 & select option 1, **by 9am latest each day**. State child's full name, class and reason for absence
- useful information for parents - <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

St Mary's Catholic Primary School

¹⁰<https://www.stmarysmiddlewich.cheshire.sch.uk/page/?title=Nursery&pid=15>

¹¹<mailto:schooloffice@stmrc.uk>

¹²<mailto:admin@stmrc.uk>

¹³<mailto:head@stmrc.uk>

¹⁴<mailto:ldziamarski@stmrc.uk>

Manor Lane, Middlewich. CW10 9DH

01606 516 171

Office hours are Monday to Friday 8.00am to 4.00pm

Visit us on the web at <https://www.stmarysmiddlewich.cheshire.sch.uk/>