

STMARY'S



www.stmarysmiddlewich.cheshire.sch.uk

T: 01606 516171 E: admin@stmrc.uk



Follow us on social media

Newsletter 30th January 2026

Dear Parents/carers,

The Gospel assembly on Monday is about the Beatitudes which are the core values of the Christian faith. They offer a way of life which is different from the world's values and a way of living in Jesus's family. You should be proud of your children as they definitely reflect love and light in the world.

VALENTINE DISCO



With thanks
✕
St Mary's
Primary School
PTA

Reception and KS1
Valentines disco

Wednesday 11 February
17:00 - 18:00

Tickets cost £4 and include a snack
and drink
Please hand in ticket money to class
teacher
Sweets and toys for sale on the night

FUN!

Decorative elements: yellow wavy lines, red hearts, and a green background.



With thanks
✕
St Mary's
Primary School
PTA

KS2
Valentines disco

Wednesday 11 February
18:15 - 19:15

Tickets cost £4 and include a snack
and drink
Please hand in ticket money to class
teacher
Sweets and toys for sale on the night

FUN!

Decorative elements: yellow wavy lines, red hearts, and a green background.

Craft Fair 28th February



Angling Workshops

The Angling Trust delivered a Reel Education Day last week which the children thoroughly enjoyed.

They came into the school and delivered an informative, educational talk to classes who had the opportunity to play fishing games.

The day was incredibly beneficial to the pupils, helping them with mental health and getting them to think about alternative hobbies.





Mixed Indoor Athletics - going to the final!

We are delighted to congratulate our Indoor Athletics team, who took part in the mixed Athletics competition at St Nic's on Tuesday, 27th January and went on to win the Vale Royal cluster. The team performed exceptionally well, taking the win and securing themselves a place in the final next week! We are incredibly proud of their fabulous teamwork, self-belief, determination and passion, their behaviour was exemplary and we look forward to the final next week!



Chapel Group & Mini Vinnie meetings

Chapel group every Tuesday at 8am, entrance through the Chapel corridor. I hope as many Mini Vinnies are able to attend this whole school faith / art and craft session. All pupils welcome!

Mini Vinnies meetings: Wednesdays after school from 3pm to 3:45pm. Hopefully the Mini Vinnies will be able to attend one or both of these sessions.

Yr 6 Robinwood Kit List

Please see below for the kit list for Year 6's residential trip to Robinwood from 4th - 6th February 2026.

- Water Bottle
- 3 Comfortable long-sleeved tops (sweatshirts/jumpers/hoodies/fleeces)
- 3 T-shirts (not vest type)
- 3 Pairs of trousers (not restrictive; sportswear is good/ideally not jeans)
- 2 Pairs of leggings you don't mind getting wet/dirty
- 5 Sets of underwear
- 6 Pairs of socks
- 2 Pairs of trainers
- 2 Towels
- 1 Warm or Waterproof coat

- 1 Hat (for cold weather)
- Scarf/gloves
- 1 or 2 sets of nightwear (dressing gown if it'll fit in your case)
- 1 Bag of toiletries

Message from Cheshire East

Dear Parents/Carers,

Cheshire East are undertaking a Cheshire Care Assessment. Please see their message:

We want to hear from you! Are you a parent who uses, or wants to use, early years childcare? Or do you have a school-aged child who uses, or may use, a before-school or after-school club or holiday club? Cheshire East wants to hear your thoughts on early years childcare and wraparound childcare for any of your children aged 0-14 years old, or up to 25 years old if they have a special educational need or disability (SEND).

To tell us about your childcare needs the Council would be extremely grateful if you could complete this survey before Friday 20 February 2026.

<https://www.smartsurvey.co.uk/s/CheshireEast-CSA2026Parents/>

If you have any questions about the local authorities' responsibility to provide sufficient childcare, or the purpose of this survey, you can contact:

Earlyyearsandchildcareteam@cheshireeast.gov.uk¹ As always, thank you for your valuable feedback!

Toy Sale and Collection4Clothes - fundraising

The Toy sale raised over £50 for charity. The Mini Vinnies would like the money raised to go to the following charity - Centrepont which is the UK's leading youth homelessness charity. The next fundraising venture for the Mini Vinnies is Collection4Clothes who will deliver a small recycle unit for parents to place bags of unwanted clothes and when it is full, they will come and collect it. The school receive 40p per KG so please have a good clear out when it is set up. The Mini Vinnies want any money raised to go to St Mary's Meals.

¹<https://Earlyyearsandchildcareteam@cheshireeast.gov.uk>

SEND DROP-INS

Cheshire East have organised SEND drop-ins for families, carers and friends of children with SEND at Disley Library and Community Centre on Friday 6 February at 9:30am - 11:00am for a SEND Drop In. There will be various professionals there offering advice and support.

<https://live-chesheast.cloud.contensis.com/pdf/schools/bulletins/documents-for-bulletins-2026/send-disley-drop-in.pdf>

Dates for your diary and school trips

Tuesday 3 rd February	Athletics Team Final – Rudheath Senior Academy
Wednesday 4 th to 6 th February	Y6 residential to Robinwood
Wednesday 11 th February	Valentine's Disco
Friday 13 th February	School closes for half term at 3pm
Wednesday 18 th February	Ash Wednesday falls in half term.
Monday 23 rd February	School opens for Spring 2 half term
Saturday 28 th February	Craft Fair in school hall
Wednesday 18 th to 20 th March	Y5 residential to Redridge
Friday 27 th March	Y4 Pupils visit to St Nicholas High School
Thursday 23 rd to Friday 24 th April	Y3 Residential to Pettypool
Wednesday 17 th June	Y5 Activities' Day at St Nicholas High School
Tuesday 7 th & Wednesday 8 th July	Y6 Transition Days to St Nicholas High School
Friday 10 th July	Summer fair 3pm onwards
Tuesday 14 th July	Year 6 production 6pm (advance notice)
Thursday 16 th July	Leavers Mass

Please pay on Arbor

Green are school residentials

Red are school day trips

Cost	Place	Year Group	Date
£218	Robinwood	6	4 th to 6 th February 2026
£203	Redridge	5	18 th to 20 th March 2026
£112	Pettypool	3	23 rd to 24 April 2026

SEN Family Meet ups



ST MARY'S CATHOLIC PRIMARY
Middlewich




... **SEN** ...
Coffee morning

24/1/26, 7/3/26, 18/4/26
Manor Lane, CW10 9DH

Opportunity to chat!
10 - 11am

Come and talk to other parents about SEN.

Cheshire East Council SEN Drop Ins



SEND Drop Ins

SEND 0-19+ health practitioners (On behalf of health visitor/school nursing services Cheshire East) for parents of children & Young people for support, signposting and guidance with all SEND related issues and helping to understand why your child may be struggling and ideas that may help. Think your child may have SEND and not sure where to go or what to do? Need support around toileting, sleep, behaviour or development – feel free to drop in for a chat?? You will be seen on a 1-1 basis and there is no need to bring your child.

January 2026

Thurs 8th January 9.15-12.15am Monks Coppenhall SEND Hub (appts only)
Mon 12th September 9-11am Ash Grove Family Hub (appts only)
Tues 13th January 9.15-12.15am Nantwich Children's Centre (appts only)
Thurs 15th January 9-11am Congleton Family Hub (appts only)
Wed 21st January 1.30-2.30pm Alsager Library (drop in)
Friday 23rd January 9-11am Knutsford Children's Centre (drop in)
Tues 27th January 1-2pm Oakenclough Family Hub (appts only)

February 2026

Monday 2nd February 9-11am Ash Grove Family Hub (appts only)
Thurs 5th February 9.15-12.15 Monks Coppenhall SEND Hub (appts only)
Friday 6th February 9.30-11.00am Disley Library and Community Centre (drop in)
Tuesday 10th February 1-2pm Oakenclough Family Hub (appts only)
Fri 13th February 9-11am Congleton Family Hub (appts only)
Tues 17th February 9.15-12.15am Nantwich Children's Centre (appts only)
Wed 18th February 1.30-2.30pm Alsager Library (drop in)

Music For Life

Music for Life have asked us to pass this on to parents.

Instrumental and Singing lessons are available with Music for Life at school, and your child could be part of something amazing.

Here's what you need to know:

- Weekly 20 or 30 minute lessons in school, individual or small group
- Lessons start from just £29.95 per month (pupil premium subsidies available)

Booking is simple: visit our online portal, complete your details, and we'll confirm lesson times with one of our fantastic tutors.

If you have any questions, email us at info@musicforlife.org.uk.

To begin, complete the booking form on their portal (<https://www.musicforlife.org.uk/apply-now/>) by 30th January to start lessons after February half term.

Household Support Fund Information

https://www.cheshireeast.gov.uk/council_and_democracy/council_information/financial-support/household-support-fund.aspx

Mental Health & Wellbeing

Please see the December's newsletter for advice and guidance links such as:

- Mindwell - ²**MindWell's top 10 tips for winter wellbeing**^{3 4}

²<https://www.mindwell-leeds.org.uk/myself/looking-after-your-wellbeing/mindwells-top-ten-tips-for-winter-wellbeing/>

³<https://www.mindwell-leeds.org.uk/myself/looking-after-your-wellbeing/mindwells-top-ten-tips-for-winter-wellbeing/>

⁴<https://www.mindwell-leeds.org.uk/myself/looking-after-your-wellbeing/mindwells-top-ten-tips-for-winter-wellbeing/>



FEBRUARY 2026 Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Autism - Improving Communication	2 Feb 10am
Improving Family Communication	2 Feb 7pm
Supporting A Child with ADHD	3 Feb 10am
Understanding Addictive Behaviour	3 Feb 7pm
Anxiety Based School Avoidance	9 Feb 10am
Anxiety Explained	16 Feb 10am
Cannabis and Ketamine Awareness	16 Feb 7pm
What is ACT?	17 Feb 10am
Introduction to OCD	17 Feb 7pm
FREE - Reducing the Harm from Screens	19 Feb 7-8pm
Understanding the Teenage Brain	23 Feb 10am
Raising Self-Esteem	23 Feb 7pm
Decreasing Depression	24 Feb 10am
Supporting Healthy Sleep	24 Feb 7pm
Understanding Anger	9 Mar 7pm
Facing Defiance	10 Mar 7pm

online talk by Jane Keyworth



Supporting a Child with ADHD

Challenging the stereotypes, offering practical support and explaining more about this condition

3rd February 10-11:30am

3rd March 7-8:30pm



Book online

facefamilyadvice.co.uk

£24 or Free with a school membership code



Middlewich IT Sessions

FREE IT SESSIONS

DO YOU LACK CONFIDENCE IN FINDING YOUR WAY AROUND YOUR PHONE OR TABLET?

If so, please come along to St Mary's Catholic Primary School (Manor Lane, Middlewich) on:

Saturday 24th January

Saturday 7th March

Saturday 18th April

10.00 — 11.30am

Help with Smartphones and Tablets

Refreshments provided

For more information, please contact Lucie Ferneyhough on 07929 717909 or lucie.ferneyhough@cheshireeast.gov.uk

Steps to healthier Schools

Please see December's newsletter for links to resources such as the below:

- NHS Guidance for Parents Is my child too ill for school?⁵ – a useful resource to help parents decide when children should stay at home.

Extracurricular Clubs

Monday

- KS1 and KS2 Climbing Frame Fun (£44 per term)

Tuesday

- Chapel Group 8 - 8:30am - all welcome (entrance in the morning through corridor next to year 6)
- KS2 basketball (£48 per term)

Wednesday

- KS1 and KS2 football (£48 per term)
- Mini Vinnies 3pm to 3:45pm
- Yr 6 Maths

Thursday

- Reception & KS1 dodgeball (£48 per term)
- Mad Science (£63 for 6 sessions - to book click [HERE](#)⁶)

Friday

- Rock Steady Music - 8.30am to 10.30am (to book click [HERE](#)⁷)
- KS2 Drama (no charge)
- Homework Club (whilst in ASC)

Cost	Place	Year Group	Date
£218	Robinwood	6	4 th to 6 th February 2026
£203	Redridge	5	18 th to 20 th March 2026

⁵<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

⁶<https://northengland.madscience.org/parents-register-a.aspx>

⁷<https://www.rocksteadymusicschool.com/>

School Nursery



Please see our nursery page for more information on our school website - Nursery⁸

Contacting the School Office

When contacting the school office for parent queries relating to clubs, medical appointments or school payment items, please contact the school office email which is: schooloffice@stmrc.uk⁹

If you have a general enquiry or a query regarding admissions or paper copies of any information published on our website, or assistance with Arbor please contact the School Office Manager at: admin@stmrc.uk¹⁰

To contact the headteacher Mrs Janet McKinlay, please email head@stmrc.uk¹¹

To contact our school SENCO Miss Laura Dziamarski, please email ldziamarski@stmrc.uk¹²

If you have a query or concern regarding your child please speak with your child's class teacher in the first instance.

Absence

- Reporting an absence, please ring 01606 516 171 & select option 1, **by 9am latest each day**. State child's full name, class and reason for absence
- useful information for parents - <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

St Mary's Catholic Primary School

⁸<https://www.stmarysmiddlewich.cheshire.sch.uk/page/?title=Nursery&pid=15>

⁹<mailto:schooloffice@stmrc.uk>

¹⁰<mailto:admin@stmrc.uk>

¹¹<mailto:head@stmrc.uk>

¹²<mailto:ldziamarski@stmrc.uk>

Manor Lane, Middlewich. CW10 9DH

01606 516 171

Office hours are Monday to Friday 8.00am to 4.00pm

Visit us on the web at <https://www.stmarysmiddlewich.cheshire.sch.uk/>