

# St Mary's Catholic Primary School 12th May

Last weekend was the second date for First Holy Communion Celebration Mass. Half of the children celebrated the sacrament on Sunday, 7th May and the rest of the Year 3 children on the sacramental programme made it last Sunday. Please pray for the whole group who will receive their certificates on 25th June. Please remember them in your prayers.

St Mary's Catholic Primary

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A summary of this month's edition of the newsletter.

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1 - SATS

Congratulations to the Year 6 pupils who have been amazing last week revising to the very last minute to ensure they really did their best and demonstrated their gifts and talents. They have all worked hard this year and deserve to do really well. Thank you to the Year 6 Team who have pulled out all the stops and ensured our pupils were able to perform well and with confidence.

#### **Culmington Manor Residential**

Please ensure you have paid the remainder of any amount owed.

#### Year 6 will need:

- Case or canvas holdall
- Sleeping Bag & Pillow with Pillowcase
- A drink bottle (essential in the summer)
- Packed lunch for the first day
- Rucksack for packed lunch on the first day and for their water bottle
- Toiletries etc. (no aerosols) Toothbrush/toothpaste \*Flannel/Soap/Towel
- Archery long sleeved top
- Raft Building long sleeved top and jogging bottoms plus waterproof jacket and trousers nojeans/old footwear
- Raft building they'll need a towel in a plastic bag and a change of clothes
- Sensible walking boots/cross trainers and trainers
- Baseball cap or similar (for sun protection)
- Pyjamas• Waterproof coat and trousers
- Three complete changes of clothes NO JEANS

- · Book to read
- Teddy
- £5 spending money

#### Invitation to join the MFL Choir

Music For Life delivered an exciting workshop to Years 5 & 6 on Tuesday, 16th May. The children learnt some vocal technique, special arrangements of some songs, and explored the joys and skills of singing together, in harmony, in a choir.

The next rehearsal is 9.30 - 11.00 on Saturday 17th June at Middlewich Primary and then they are holding a celebration Festival on 15th July which should be a lovely way to round off the term. The pupils are all most welcome. It's all free and they'd love to welcome some more St Mary's children along to Choir. It's open to Y3-6. Parents can email them directly eve@musicforlife.org.uk<sup>1</sup>.



#### Reminders

#### **May Procession**

May Procession on Thursday 25th May. Proceedings will begin at 1pm. Children will need to bring in white posies/flowers for the event.

#### PTA news

PTA meeting scheduled for Tuesday, 16th May at 5pm. Ideas for the summer fair are welcome.

**Middlewich Rose Fete 20th May**, 11- 4pm. The PTA will have a stall at this event. If any parents would like to come and help out for half an hour that would be much appreciated. The parade kicks off at 11 am. There are various events organised such as: Punch and Judy, Lion's Band, Quicksteps dancing, the Collin school of Dance, Lego building competition, live music from the band 'The Lookout' and so much more.

#### **Cricket Competition**

Cricket Competition on 19th May

#### **Knowsley Safari Park**

<sup>&</sup>lt;sup>1</sup>mailto:eve@musicforlife.org.uk

All of key Stage 1 are going to Knowsley Safari Park on Friday, 23rd June. Anyone willing to help out, please contact the school.

## Mental Health Awareness Week 15th – 21st May



Anxiety is a normal emotion in us all, but sometimes it can get out of control and become a mental health problem. Children and adults can get over anxious.

Lots of things can lead to feelings of anxiety, including exam pressures, relationships, starting a new job (or losing one) or other big life events. We can also get anxious when it comes to things to do with money and not being able to meet our basic needs, like heating our home or buying food. Here are some top tips for everyone:

- 1. Pray
- 2. Focus on your breathing
- 3. Get moving
- 4. Keep a diary
- 5. Challenge your thoughts
- 6. Get support
- 7. Spend time in nature
- 8. Connect with people and talk about how you feel
- 9. Try to get some quality sleep or rest
- 10. Try to eat a healthy diet

https://www.mentalhealth.org.uk/our-work/public-engagement/mental-health-awareness-week

# The Chicks in Year 2













# The Big Help Out













Transition Dates
St Nicholas High School
New intake days - 28th June & 3rd July
Middlewich High School
New intake days 4th & 5th July
Sandbach Boys

#### Recall of some Epipens

The Medicines and Healthcare Products Regulatory Agency has issued a recall<sup>2</sup> of **Emerade 300 and 500 microgram** adrenaline auto-injector pens (AAIs). This is because some Emerade AAIs might fail to work correctly and may not deliver a dose of adrenaline if they've been dropped, though this is very rare.

Schools are asked to support the recall of any Emerade AAIs held by pupils. These need to be replaced as soon as possible. Individual families need to seek the suitable replacements.

#### Contact Us

Winning Class	Year 5
Reception	93.98%
Year 1	93.19%
Year 2	93.12%
Year 3	94.28%
Year 4	94.74%
Year 5	94.82%
Year 6	94.31%

#### Absence

• Reporting an absence, please ring 01606 516 171 & select option 1, by 9am at the latest each day. State child's full name, class and reason for absence.

Email finance@stmrc.uk for:

- Booking a place for Breakfast & After School Clubs, (bookings need to be made by midday Friday for the following week)
- ParentPay queries & bookings
- Medical appointments

 $<sup>{}^2\</sup>underline{\text{https://www.gov.uk/government/news/patients-asked-to-return-emerade-300-and-500-microgram-adrenaline-pens-for-replacement}}$ 

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Introduce the contact us section with a friendly line or two.

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 $<sup>{\</sup>tt 3} \underline{\sf https://www.stmarysmiddlewich.cheshire.sch.uk}$