

## Hassall Green Nature Reserve – Programme of Activities – July 2023

Date		AM	PM
Saturday	1		
Sunday	2		
Monday	3		
Tuesday	4		
Wednesday	5		
Thursday	6	<b>Green Angels – Bramble and Elder Workshop 10 – 4pm</b>	
Friday	7		
Saturday	8		
Sunday	9		
Monday	10	<b>Site Management Conservation Volunteering 10am – 13:00pm</b>	
Tuesday	11	<b>Green Angels – Spoon Carving Workshop 10 – 4pm</b>	
Wednesday	12	<b>Green Gym Fortnightly Volunteering, 10.30am – 1.30pm</b>	
Thursday	13	<b>Green Angels – Wild Yoga session 1-3pm</b> <b>Green Angels – Drumming Circle 3pm onwards.</b>	
Friday	14		
Saturday	15		
Sunday	16		
Monday	17		
Tuesday	18		
Wednesday	19		
Thursday	20	<b>Green Angels – Adult Pond Dipping and Bug ID Day 10 – 3pm</b>	
Friday	21		
Saturday	22		
Sunday	23		
Monday	24		
Tuesday	25	<b>Green Angels – Nurtured by Nature 6 week Wellbeing course 10 – 4pm</b>	
Wednesday	26		
Thursday	27	<b>Green Angels Make a Difference Volunteering Morning</b> <b>Green Angels – Wild Yoga session 1-3pm</b> <b>Green Angels – Drumming Circle 3pm onwards.</b>	
Friday	28		
Saturday	29		
Sunday	30		
Monday	31		

- **Site Management Conservation Volunteering:** Contact Andrew Hunt [Andrew.Hunt@groundwork.org.uk](mailto:Andrew.Hunt@groundwork.org.uk), 07769 259404
- **Green Angels Courses and Volunteering:** Contact [greenangels@thelandtrust.org.uk](mailto:greenangels@thelandtrust.org.uk), 07920 139209
- **TCV Green Gym:** Contact Rebecca Collingwood [rebecca.collingwood@tcv.org.uk](mailto:rebecca.collingwood@tcv.org.uk), 07764 655486

**UNLESS SPECIFIED, ALL ACTIVITIES ARE FREE**

**BOOKING IS ESSENTIAL**