

## Hassall Green Nature Reserve – Programme of Activities – August 2023

Date		AM	PM
Tuesday	1	<b>Green Angels – Nurtured by Nature 6 week Wellbeing course 10 – 4pm</b>	
Wednesday	2		
Thursday	3		
Friday	4		
Saturday	5		
Sunday	6		
Monday	7	<b>Green Angels – Scything Refresher Workshop 10 – 4pm</b>	
Tuesday	8	<b>Green Angels – Nurtured by Nature 6 week Wellbeing course 10 – 4pm</b>	
Wednesday	9	<b>Green Gym Fortnightly Volunteering, 10.30am – 1.30pm</b>	
Thursday	10	<b>Green Angels – Wild Yoga session 1-3pm</b>	
Friday	11		
Saturday	12		
Sunday	13		
Monday	14	<b>Site Management Conservation Volunteering 10am – 13:00pm</b>	
Tuesday	15	<b>Green Angels – Nurtured by Nature 6 week Wellbeing course 10 – 4pm</b>	
Wednesday	16		
Thursday	17	<b>Green Angels – Beginners Scything 2 day Course 10 – 4pm</b>	
Friday	18	<b>Green Angels – Beginners Scything 2 day Course 10 – 4pm</b>	
Saturday	19		
Sunday	20	<b>Green Angels – Adult Pond Dipping and Bug ID Day 10 – 3pm</b>	
Monday	21		
Tuesday	22	<b>Green Angels – Nurtured by Nature 6 week Wellbeing course 10 – 4pm</b>	
Wednesday	23	<b>Green Gym Fortnightly Volunteering, 10.30am – 1.30pm</b>	
Thursday	24	<b>Green Angels – Wild Yoga session 1-3pm</b>	
Friday	25	<b>Green Angels – Nurtured by Nature 6 week Wellbeing course 10 – 4pm</b>	
Saturday	26		
Sunday	27	<b>Green Angels Make a Difference Volunteering Morning</b> <b>Green Angels – Wild Yoga session 1-3pm</b> <b>Green Angels – Drumming Circle 3pm onwards.</b>	
Monday	28		
Tuesday	29	<b>Green Angels – Nurtured by Nature 6 week Wellbeing course 10 – 4pm</b>	
Wednesday	30		
Thursday	31	<b>Green Angels – 2 day ash splint basket making course 10 – 4pm</b>	
Friday	1 <sup>st</sup>	<b>Green Angels – 2 day ash splint basket making course 10 – 4pm</b>	

- **Site Management Conservation Volunteering:** Contact Andrew Hunt [Andrew.Hunt@groundwork.org.uk](mailto:Andrew.Hunt@groundwork.org.uk), 07769 259404
- **Green Angels Courses and Volunteering:** Contact [greenangels@thelandtrust.org.uk](mailto:greenangels@thelandtrust.org.uk), 07920 139209
- **TCV Green Gym:** Contact Rebecca Collingwood [rebecca.collingwood@tcv.org.uk](mailto:rebecca.collingwood@tcv.org.uk), 07764 655486

**UNLESS SPECIFIED, ALL ACTIVITIES ARE FREE**

**BOOKING IS ESSENTIAL**