



Supported Adults



WELLBEING WEDNESDAYS

At The George's Community Hub - West Street, Crewe, CW2 8SL
(Next to Simply Gym)

Our Supported Adults "Wellbeing Wednesdays" @ The Wishing Well are designed to be fun and friendly. Wednesdays open to adults 18+ with Autism and/or a Learning Disability (Carer welcome to accompany adult if personal care is required)

Wednesdays 10:30am - 1.30pm

Join us each week for activities including;
Arts & Crafts, Bingo as well as others...

Physical activities to include; Table Tennis, Boccia, Curling, Drumfit, Indoor Archery, Wellbeing Walks and more, so bring a friend, or come along and make new friends!

£5 entry (Carers Free)

Feel free to bring a packed lunch!

For more information ring Jan @ Wishing Well on 01270 256919 and leave a message, or email: jan.melia@wishingwellproject.net



Registered Charity Number: 1180756

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COMMUNITY
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