PE– SUBJECT OVERVIEW

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|  | ***AUTUMN 1*** | ***AUTUMN 2*** | ***SPRING 1*** | ***SPRING 2*** | ***SUMMER 1*** | ***SUMMER 2*** |
| ***Y1 /2 even yrs eg******Sept 23*** | *Ball Skills**(throwing & catching)**Dance - Seasons* | *S.A.Q.**(speed, agility & quickness)**Dance - Seasons* | *Ball Skills**(invasion games)**Gymnastics – Under the Sea* | *Striking & Fielding**(Bat and Ball)**Gymnastics – Under the Sea* | *Athletics –running**and Jumping & Tri Golf to**incorporate balance & co-ordination* | *Athletics –running**and Jumping & Tri Golf to**incorporate balance & co-ordination* |
| ***Y1 /2odd years******Eg Sept 24*** | *Ball Skills**(throwing & catching)**Dance – Toys (imoves)* | *Fun Fit**(circuit training))**Dance – Toys (imoves)* | *Ball Skills**(invasion games)**Gymnastics – Animals* | *Striking & Fielding**(Bat and Ball)**Gymnastics – Animals* | *Athletics**& Tri Golf to incorporate balance & co-ordination* | *Athletics**& Tri Golf to incorporate balance & co-ordination* |
| ***Y3/4even years******Eg Sept 23*** | *Football (Yr 4 only)**Gymnastics – movement (imoves)**Y3 swimming*  | *Hockey (Yr 4 only)**Dance – Ancient Egyptians (imoves)**Y3 swimming* | *Netball**Tennis*  | *Tennis* *Netball*  | *Rounders**Football* *(Yr 3 only)**Y4 swimming* | *Athletics* *(incorporating flexibility, strength, technique control & balance)**Y4 swimming* |
| ***Y3/4odd years******Eg Sept 24*** | *Tag Rugby**Gymnastics – Shape Y4**Y3 swimming* | *Health & Fitness**Dance – Countries Y4**Y3 swimming* | *Basketball**Badminton* | *Badminton-* *Basketball*  | *Cricket**Dance – Countries (Yr 3 only)**Y4 swimming* | *Athletics* *(incorporating flexibility, strength, technique control & balance)**Y4 swimming* |
| ***Y5/6even years******Eg Sept 23*** | *Tag Rugby**Co-ordination skills – balance*  | *Hockey**Dance- Mayans (imoves)* | *Netball**Gymnastics – movement Y6**Y5 swimming* | *Tennis**Striking and fielding* *Y5 swimming* | *Rounders**Hockey* | *Athletics* *(incorporating flexibility, strength, technique control & balance)* |
| ***Y5/6odd years******Eg Sept 24*** | *Football**Co-ordination skills – hand- eye* | *Health & Fitness**Dance-WWII**(imoves)* | *Basketball**Gymnastics – movement Y5**Y5 swimming* | *Volleyball- imoves**Dodgeball**Y5 swimming* | *Cricket**OAA- imoves* | *Athletics* *incorporating flexibility, strength, technique control & balance)* |