PE– SUBJECT OVERVIEW

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|  | ***AUTUMN 1*** | ***AUTUMN 2*** | ***SPRING 1*** | ***SPRING 2*** | ***SUMMER 1*** | ***SUMMER 2*** |
| ***Y1 /2 even yrs eg***  ***Sept 23*** | *Ball Skills*  *(throwing & catching)*  *Dance - Seasons* | *S.A.Q.*  *(speed, agility & quickness)*  *Dance - Seasons* | *Ball Skills*  *(invasion games)*  *Gymnastics – Under the Sea* | *Striking & Fielding*  *(Bat and Ball)*  *Gymnastics – Under the Sea* | *Athletics –running*  *and Jumping & Tri Golf to*  *incorporate balance & co-ordination* | *Athletics –running*  *and Jumping & Tri Golf to*  *incorporate balance & co-ordination* |
| ***Y1 /2odd years***  ***Eg Sept 24*** | *Ball Skills*  *(throwing & catching)*  *Dance – Toys (imoves)* | *Fun Fit*  *(circuit training))*  *Dance – Toys (imoves)* | *Ball Skills*  *(invasion games)*  *Gymnastics – Animals* | *Striking & Fielding*  *(Bat and Ball)*  *Gymnastics – Animals* | *Athletics*  *& Tri Golf to incorporate balance & co-ordination* | *Athletics*  *& Tri Golf to incorporate balance & co-ordination* |
| ***Y3/4even years***  ***Eg Sept 23*** | *Football (Yr 4 only)*  *Gymnastics – movement (imoves)*  *Y3 swimming* | *Hockey (Yr 4 only)*  *Dance – Ancient Egyptians (imoves)*  *Y3 swimming* | *Netball*  *Tennis* | *Tennis*  *Netball* | *Rounders*  *Football*  *(Yr 3 only)*  *Y4 swimming* | *Athletics*  *(incorporating flexibility, strength, technique control & balance)*  *Y4 swimming* |
| ***Y3/4odd years***  ***Eg Sept 24*** | *Tag Rugby*  *Gymnastics – Shape Y4*  *Y3 swimming* | *Health & Fitness*  *Dance – Countries Y4*  *Y3 swimming* | *Basketball*  *Badminton* | *Badminton-*  *Basketball* | *Cricket*  *Dance – Countries (Yr 3 only)*  *Y4 swimming* | *Athletics*  *(incorporating flexibility, strength, technique control & balance)*  *Y4 swimming* |
| ***Y5/6even years***  ***Eg Sept 23*** | *Tag Rugby*  *Co-ordination skills – balance* | *Hockey*  *Dance- Mayans (imoves)* | *Netball*  *Gymnastics – movement Y6*  *Y5 swimming* | *Tennis*  *Striking and fielding*  *Y5 swimming* | *Rounders*  *Hockey* | *Athletics*  *(incorporating flexibility, strength, technique control & balance)* |
| ***Y5/6odd years***  ***Eg Sept 24*** | *Football*  *Co-ordination skills – hand- eye* | *Health & Fitness*  *Dance-WWII*  *(imoves)* | *Basketball*  *Gymnastics – movement Y5*  *Y5 swimming* | *Volleyball- imoves*  *Dodgeball*  *Y5 swimming* | *Cricket*  *OAA- imoves* | *Athletics*  *incorporating flexibility, strength, technique control & balance)* |