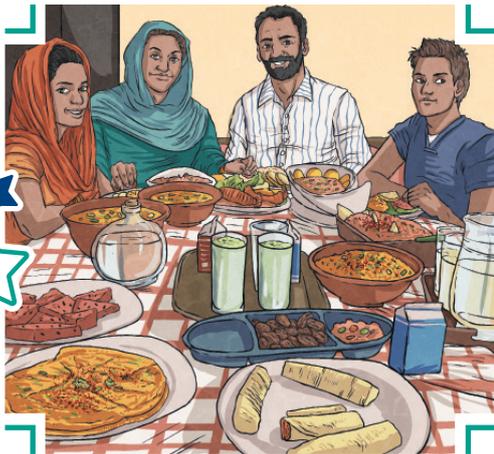


# Eid Al-Fitr



## Why Do Muslims Fast?

Muslims all over the world do not eat or drink from dawn until sunset during the month of Ramadan. Fasting is meant to teach Muslims to be disciplined. The **Prophet Muhammad (Peace Be Upon Him)** was one of the first Muslims to fast and other Muslims follow his example. Muslim families will often gather and eat together when the Sun has set at the end of the day.



## Did You Know...?

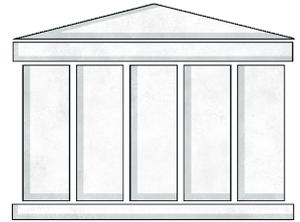
Eid Al-Fitr celebrations can last for up to four days.



Eid Al-Fitr is a **Muslim** festival that is celebrated at the end of Ramadan.

## What Is Ramadan?

Ramadan is an Islamic festival that is celebrated by Muslims. The festival begins at different times depending on when the New Moon is first seen in the sky. It lasts from dawn until sunset for 29 or 30 days. Ramadan is a very important time for Muslims and it is celebrated all over the world. Muslims spend time praying and **fasting** during Ramadan.



## Did You Know...?

Another name for fasting is 'Sawm'.

## What Happens At the End of Ramadan?

The end of Ramadan is a big celebration called Eid Al-Fitr, which is also known as The Festival of the Breaking of the Fast. Muslims celebrate the end of fasting and thank Allah (God) for the strength he has given them throughout Ramadan. Eid Al-Fitr begins when the New Moon is first seen in the sky.

## Did You Know...?

Around 2.1 billion Muslims across the world will celebrate Eid Al-Fitr.



## Glossary

### **fasting:**

Eating little or no food for a period of time.



### **Muslim:**

Relating to the followers of the religion of Islam.



### **Prophet Muhammad (PBUH):**

The final messenger of Allah (God) to whom the Qur'an was revealed. PBUH means 'Peace Be Upon Him'.

## How Is Eid Al-Fitr Celebrated?

Many Muslims gather for special prayers and they have breakfast on the first morning of the celebration. They put on their best clothes to enjoy their first daylight meal in a while. Some Muslims will exchange gifts and greetings cards. They usually include gatherings and parties, decorating homes, visiting family and eating special foods.



# Questions

1. What is **Sawm** another word for? Tick one.

- eating
- Ramadan
- praying
- fasting

2. **Muslim families will often gather and \_\_\_\_\_ together when the Sun has set at the end of the day.** Tick one.

- talk
- celebrate
- pray
- eat

3. Draw **four** lines and match each word to its correct definition.

Muslim

fasting

Prophet Muhammad  
(PBUH)

Eid Al-Fitr

the final messenger of Allah (God)  
to whom the Qur'an was revealed

a Muslim festival that is  
celebrated at the end of Ramadan

relating to the followers of the  
religion of Islam

eating little or no food for a  
period of time

4. Which meal do Muslims enjoy together on the first day of Eid Al-Fitr? Tick one.

- dinner
- lunch
- brunch
- breakfast

5. When does Eid Al-Fitr begin?

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6. Look at the section called **Why Do Muslims Fast?**

Find and copy a word which means 'showing controlled behaviour'.

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7. Explain how Eid Al-Fitr is similar to another religious festival or event.

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# Answers

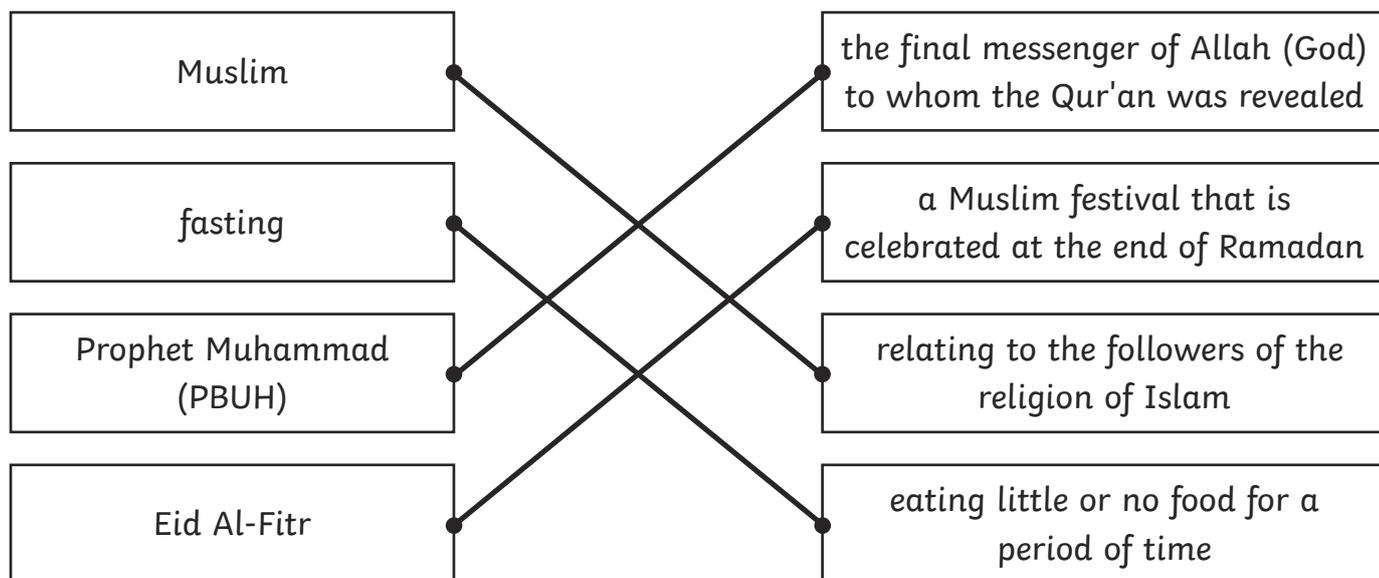
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- celebrate
- pray
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5. When does Eid Al-Fitr begin?

**Eid Al-Fitr begins when the New Moon is first seen in the sky.**

6. Look at the section called **Why Do Muslims Fast?**

Find and copy a word which means 'showing controlled behaviour'.

**disciplined**

7. Explain how Eid Al-Fitr is similar to another religious festival or event.

**Pupils' own responses, such as: Eid Al-Fitr is similar to Christmas because it is a happy time when people decorate their homes, celebrate with family and exchange cards and gifts.**

# Eid Al-Fitr



## Why Do Muslims Fast?

Fasting encourages Muslims to focus their attention on Allah (God), to practise self-control and to be generous. The **Prophet Muhammad (PBUH)** was one of the first Muslims to fast — other Muslims follow his example.

Each day during the month of Ramadan, Muslims all over the world do not eat or drink from dawn until sunset. When the Sun has set at the end of the day, Muslim families will often all eat together and celebrate their day of fasting.



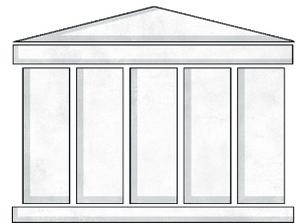
## Did You Know...?

Around 2.1 billion Muslims across the world will celebrate Eid Al-Fitr.

Eid Al-Fitr is a **Muslim** festival that marks the end of the holy month of **fasting** known as Ramadan.

## What Is Ramadan?

Ramadan is an Islamic festival that is celebrated by Muslims. The festival begins at different times depending on when the New Moon is first sighted. Ramadan lasts from dawn until sunset for 29 or 30 days. It is a very important time for Muslims and it is celebrated all over the world. During Ramadan, Muslims pray and fast. Fasting is one of the five duties that Muslims obey and these duties are known as 'pillars'. Another name for fasting is 'Sawm'.



## What Happens At the End of Ramadan?

The end of Ramadan is a big celebration called Eid Al-Fitr, which is also known as The Festival of the Breaking of the Fast. Muslims celebrate the end of fasting and thank Allah (God) for the strength given to them throughout Ramadan. Eid Al-Fitr begins when the New Moon is first seen in the sky.

## Did You Know...?

Eid Al-Fitr is known as 'sweet Eid' in some parts of the world because many Muslims like to celebrate the end of fasting by enjoying sweet treats, such as biscuits and pastries.



## Glossary

### **fasting:**

Eating little or no food for a period of time.



### **Muslim:**

Relating to the followers of the religion of Islam.



### **Prophet Muhammad (PBUH):**

The final messenger of Allah (God) to whom the Qur'an was revealed. PBUH means 'Peace Be Upon Him'.



## How Is Eid Al-Fitr Celebrated?

On the first morning of the celebration, many Muslims gather for special prayers and they have breakfast. Muslims put on their finest clothes to enjoy their first daylight meal in a while. Some Muslims will exchange gifts and greetings cards. Eid Al-Fitr celebrations can last for up to four days. They usually include gatherings and parties, decorating homes, visiting family, eating special foods and wearing special, new clothes.



# Questions

1. How many Muslims across the world will celebrate Eid Al-Fitr? Tick one.

- 21 million
- 2.1 billion
- 21 billion
- 2.1 million

2. Draw **four** lines and complete each sentence.

Ramadan lasts from dawn  
until sunset...

Muslims put on their finest  
clothes...

When the Sun has set at the  
end of the day, Muslim families  
will often all eat together...

Eid Al-Fitr celebrations  
can last...

to enjoy their first  
daylight meal in a while.

for 29 or 30 days.

and celebrate their day  
of fasting.

for up to four days.

3. **Fasting encourages Muslims to focus their attention on Allah (God), to practise self-control and to be generous.**

Which word means the same as 'generous'? Tick one.

- hard-working
- loyal
- giving
- friendly

4. What do Muslims often exchange during Eid Al-Fitr? Tick **two**.

- advice
- gifts
- money
- cards

5. Fill in the missing words.

\_\_\_\_\_ is one of the five duties that \_\_\_\_\_ obey and these duties are known as 'pillars'.

6. Look at the section called **What Is Ramadan?**

Find and copy one word which means 'caught a glimpse of something'.

\_\_\_\_\_

7. Explain why it isn't possible to predict the exact day that Eid Al-Fitr will start.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

8. How do you think Muslims may feel at the start of Eid Al-Fitr?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Answers

1. How many Muslims across the world will celebrate Eid Al-Fitr? Tick one.

- 21 million
- 2.1 billion**
- 21 billion
- 2.1 million

2. Draw **four** lines and complete each sentence.

Ramadan lasts from dawn until sunset...	to enjoy their first daylight meal in a while.
Muslims put on their finest clothes...	for 29 or 30 days.
When the Sun has set at the end of the day, Muslim families will often all eat together...	and celebrate their day of fasting.
Eid Al-Fitr celebrations can last...	for up to four days.

3. **Fasting encourages Muslims to focus their attention on Allah (God), to practise self-control and to be generous.**

Which word means the same as 'generous'? Tick one.

- hard-working
- loyal
- giving**
- friendly

4. What do Muslims often exchange during Eid Al-Fitr? Tick **two**.

- advice
- gifts**
- money
- cards**

5. Fill in the missing words.

**Fasting** is one of the five duties that **Muslims** obey and these duties are known as 'pillars'.

6. Look at the section called **What Is Ramadan?**

Find and copy one word which means 'caught a glimpse of something'.

**sighted**

7. Explain why it isn't possible to predict the exact day that Eid Al-Fitr will start.

**Pupils' own responses, such as: It is not possible to predict the exact date that Eid Al-Fitr will begin each year because it depends on the sighting of the first New Moon.**

8. How do you think Muslims may feel at the start of Eid Al-Fitr?

**Pupils' own responses, such as: I think Muslims will feel relieved that fasting is over and proud of themselves for carrying out the fast. They may also feel happy and excited about the celebrations ahead.**

# Eid Al-Fitr



## Why Do Muslims Fast?

Fasting is intended to help teach Muslims to focus their attention on Allah (God), to be self-disciplined and to be generous. It also reminds them of the suffering of the poor, who may not get to eat well. The **Prophet Muhammad (PBUH)** was one of the first Muslims to fast — other Muslims follow his example.

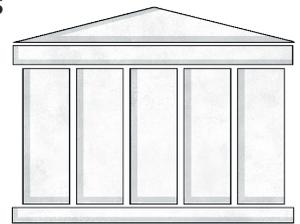
Each day during the month of Ramadan, Muslims all over the world do not eat or drink from dawn until sunset. At the end of the day, Muslim families will often all eat together and celebrate their day of fasting.



Eid Al-Fitr is a **Muslim** festival that marks the end of Ramadan: the holy month of **fasting**. An estimated 2.1 billion Muslims across the globe will celebrate Eid Al-Fitr.

## What Is Ramadan?

Ramadan is in the ninth month of the Islamic **lunar calendar**. The festival begins at different times for Muslims depending on when the New Moon is first sighted. Ramadan lasts from dawn until sunset for 29 or 30 days. It is a very important time for Muslims and it is celebrated all over the world. During Ramadan, Muslims ask for forgiveness, pray regularly and practise self-control. It is a time of fasting for Muslims as fasting is one of the five duties called pillars that Muslims obey. Another name for fasting is 'Sawm'.



## How Do Muslims Mark the End of Ramadan?

The end of Ramadan is a big celebration called Eid Al-Fitr, which is known as The Festival of the Breaking of the Fast. Muslims celebrate the end of fasting and thank Allah (God) for the strength given to them throughout Ramadan. Eid Al-Fitr officially begins when the New Moon is first seen in the sky and lasts for up to four days.



## Glossary

### fasting:

Eating little or no food for a period of time.



### lunar calendar:

A dating system that uses the monthly cycle of the Moon's phases to track the progression of time.



### Muslim:

Relating to the followers of the religion of Islam.



### Prophet Muhammad (PBUH):

The final messenger of Allah (God) to whom the Qur'an was revealed. PBUH means 'Peace Be Upon Him'.



## How Is Eid Al-Fitr Celebrated?

On the first morning of the celebration, many Muslims gather in local mosques or open-air locations for special prayers and they have breakfast. Muslims put on their finest clothes for what will be their first daylight meal in a while.

While there, some Muslims will exchange gifts and greetings cards. Celebrations continue for up to four days and usually include gatherings to view the New Moon, decorating homes inside and out, family visits, eating special foods, neighbourhood parties and wearing special, new clothes. People wish each other 'Eid Murbarak', which means Blessed Eid or 'Eid Said', which means Happy Eid.



In some parts of the world, Eid Al-Fitr is known as 'sweet Eid' because many Muslims like to celebrate the end of fasting by enjoying sweet treats, such as biscuits and pastries.



# Questions

1. What are the five duties that Muslims obey known as? Tick one.

- promises
- oaths
- pillars
- rules

2. Draw **four** lines and match each word or phrase to its correct definition.

Eid Mubarak	the holy month of fasting
Prophet Muhammad (PBUH)	the final messenger of Allah (God) to whom the Qur'an was revealed
Ramadan	a greeting meaning 'Blessed Eid'
Eid Al-Fitr	The Festival of the Breaking of the Fast

3. Give the **two** places that Muslims may gather on the first morning of Eid Al-Fitr celebrations.

- \_\_\_\_\_
- \_\_\_\_\_

4. Fill in the missing words.

It also reminds them of the \_\_\_\_\_ of the poor, who may not get to \_\_\_\_\_ well.

5. Look at the section called **Why Do Muslims Fast?**

Find and copy a phrase which shows that Muslims behave in a similar way to the Prophet Muhammad (PBUH).

\_\_\_\_\_

6. **Muslims celebrate the end of fasting and thank Allah (God) for the strength given to them throughout Ramadan.**

Discuss what strength Muslims might need during Ramadan.

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7. **Ramadan lasts from dawn until sunset for 29 or 30 days.**

Explain why the exact length of Ramadan cannot be predicted.

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8. Sum up what you have learnt about Eid Al-Fitr.

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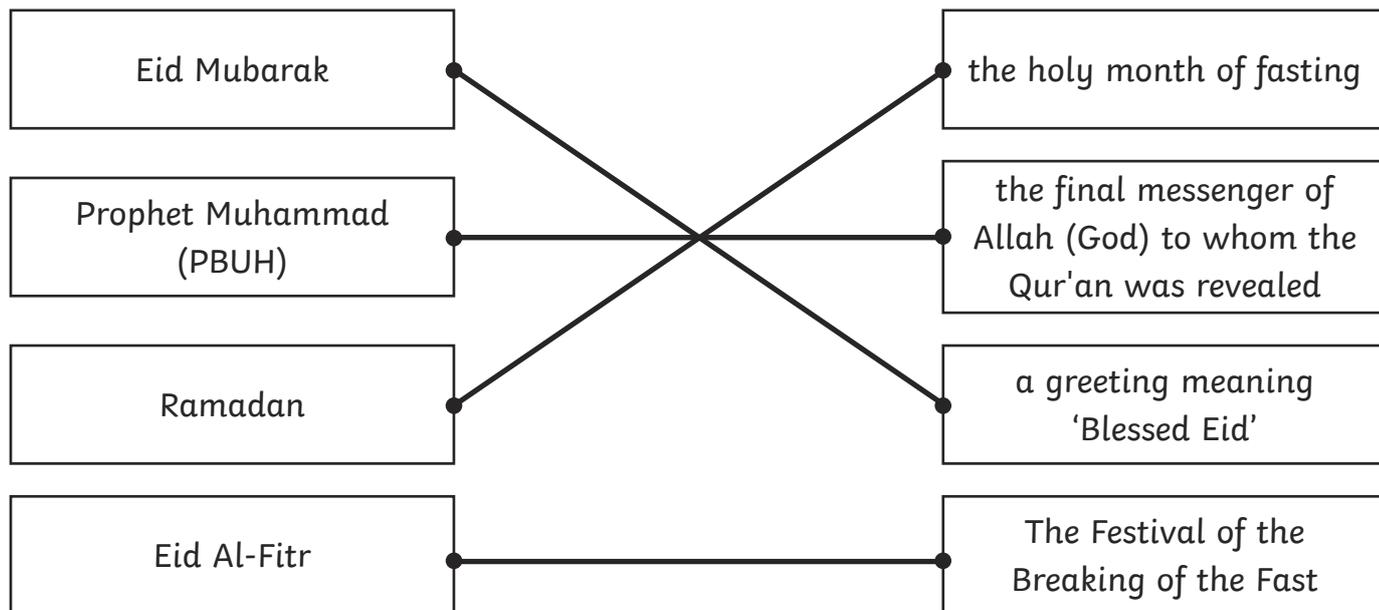
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# Answers

1. What are the five duties that Muslims obey known as? Tick one.

- promises
- oaths
- pillars**
- rules

2. Draw **four** lines and match each word or phrase to its correct definition.



3. Give the **two** places that Muslims may gather on the first morning of Eid Al-Fitr celebrations.

- **local mosques**
- **open-air locations**

4. Fill in the missing words.

It also reminds them of the **suffering** of the poor, who may not get to **eat** well.

5. Look at the section called **Why Do Muslims Fast?**

Find and copy a phrase which shows that Muslims behave in a similar way to the Prophet Muhammad (PBUH).

**follow his example**

6. **Muslims celebrate the end of fasting and thank Allah (God) for the strength given to them throughout Ramadan.**

Discuss what strength Muslims might need during Ramadan.

**Pupils' own responses, such as: Muslims will need lots of inner strength and willpower during Ramadan because they will need to work through their hunger and thirst and resist the temptation to eat or drink in the day.**

7. **Ramadan lasts from dawn until sunset for 29 or 30 days.**

Explain why the exact length of Ramadan cannot be predicted.

**Pupils' own responses, such as: The exact date of Ramadan cannot be predicted because it depends on the sighting of a New Moon to mark the start and end of Ramadan. This may vary by a day or so.**

8. Sum up what you have learnt about Eid Al-Fitr.

**Pupils' own responses, such as: Eid Al-Fitr is a Muslim celebration to mark the end of the holy month of fasting called Ramadan. It lasts for up to four days. Eid Al-Fitr begins once the New Moon is sighted.**