

THE MIDDLEWICH HUB

For more information, please contact

Lucie Ferneyhough

Community Development Officer

07929 717909

lucie.ferneyhough@cheshireeast.gov.uk



**Need some help?
Don't know who to talk to?**

It could be that you just need some information.
You might not know who to contact about something which is worrying you.

You might be upset or fretting about a personal problem.

The Middlewich Hub has brought together organisations that can really help you with your health and wellbeing, employment, education, training and benefits.

Just a few for example:

Everybody Sport and Recreation, NHS Social Prescriber, Family Service Worker, Early Start, Middlewich & District Foodbank, Complex Case Practitioner, One You, Department for Work & Pensions, Parents First, New Leaf, Journey First, Cheshire East Council's Benefits Team, Springboard, Work Placement Officer, ANSA and Middlewich Town Council.

A warm welcome for everybody, we are here to help.

Dates & Times:

Health & Wellbeing

Wednesday 9th March - 9.15am – 10.30am

Wednesday 20th April - 1.15pm – 2.30pm

Wednesday 11th May - 9.15am – 10.30am

Employment, education, training and benefits

Wednesday 23rd March - 1.15pm – 2.30pm

Wednesday 27th April - 9.15am – 10.30am

Wednesday 25th May - 1.15pm – 2.30pm

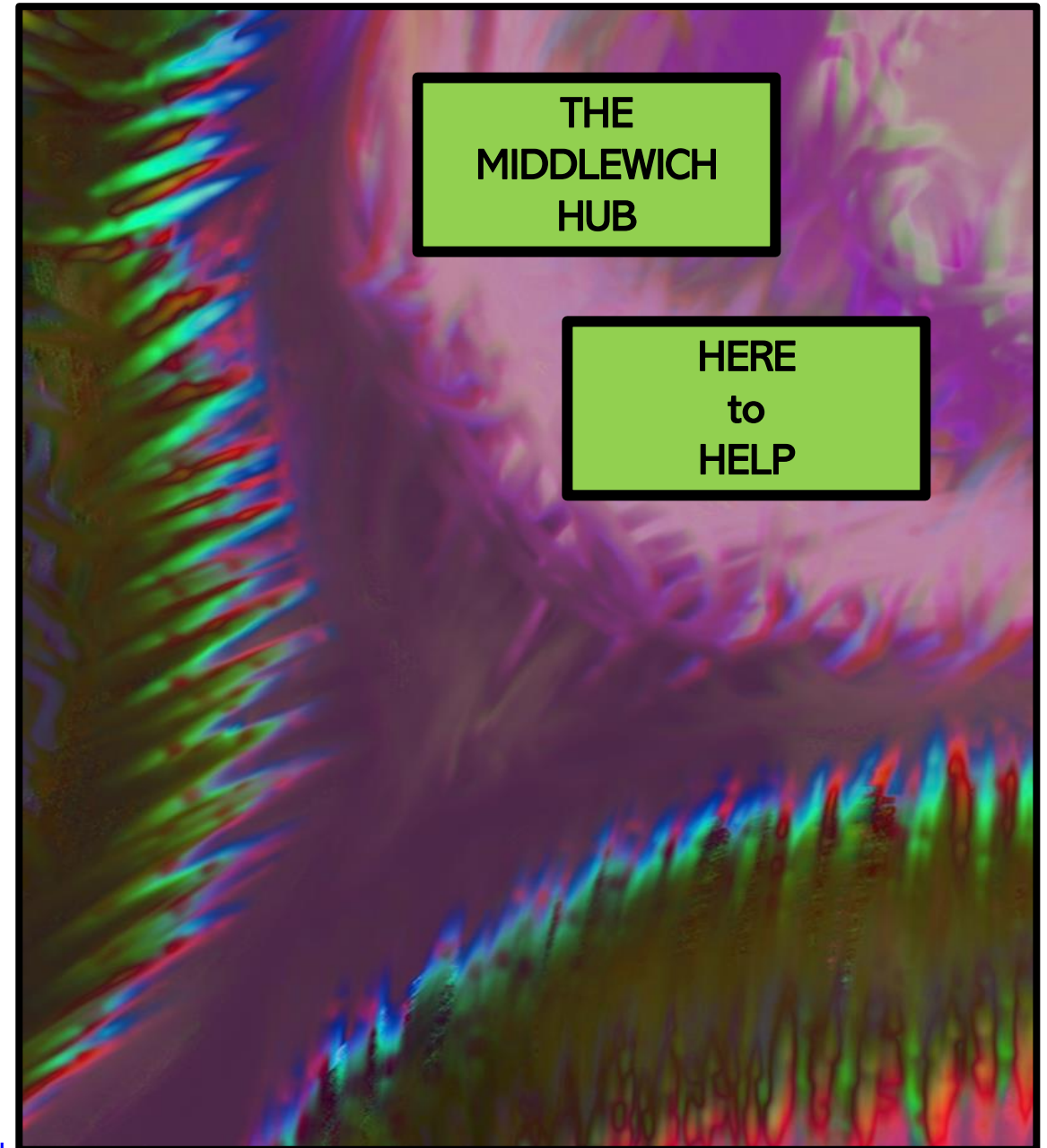
Whatever it is that you are worrying about, come along to:

Middlewich Methodist Church

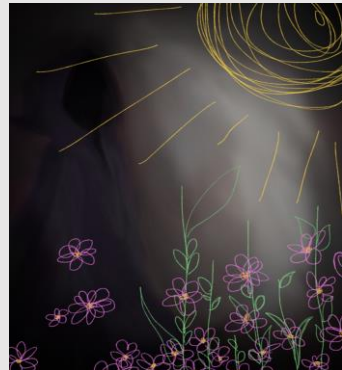
108 Booth Lane

Middlewich

CW10 0EF



Notes:



Health and Wellbeing		
Name	Organisation	Email
Donna Williamson	Everybody Sport and Recreation	donna.williamson@everybody.org.uk
Kirsty Brudenell	Early Start Hub Manager	Kirsty.Brudenell@cheshireeast.gov.uk
Rebecca Lowe	Community Operational Manager SMASH	Rebecca.Lowe@mcht.nhs.uk
Nicky Harris	Middlewich & District Foodbank	info@middlewichdistrict.foodbank.org.uk
Adam Jones	One You	adam.jones@reedwellbeing.org.uk
John Duley	Middlewich Methodist Church	john.duley@btinternet.com
Sam Buckley	Social Prescribing Link Worker	sam.buckley5@nhs.net
The Green Doctor	Freephone 0330 1740 863	greendoctor.CLM@groundwork.org.uk

Employment, Education, Training & Benefits		
Name	Organisation	Email
Elaine Parry	DWP	ELAINE.PARRY@dwp.gov.uk
Josh Matthews	Parents First	Joshua.Matthews@cheshireeast.gov.uk
Amiee McLinktock	New Leaf	Amiee.McClintock@torusfoundation.org.uk
Jane MacKenzie	Journey First	Jane.Mackenzie@cheshireeast.gov.uk
Benefits Team	Cheshire East Council 0300 123 5013	benefits@cheshireeast.gov.uk
Kim Thompson / Claire Birchall	Springboard	Kim.Thompson@careerconnect.org.uk claire.birchall@careerconnect.org.uk
Angela McBride	ANSA	Angela.McBride@ansa.co.uk
Councillor Carol Bulman	Cheshire East Council	Carol.Bulman@cheshireeast.gov.uk
John Duley	Middlewich Methodist Church	john.duley@btinternet.com
Nicola Antoney	Middlewich Town Council	deputyclerk@middlewich.org.uk

new leaf
Motivating Cheshire

 **COMMUNITY FUND**


European Union
European Social Fund


We put you first We strive for more We respect you We work together

 **Central Cheshire Integrated Care Partnership**
Because you **matter**

ONE YOU
CHESHIRE EAST

The **Methodist Church**
MIDDLEWICH METHODIST CHURCH


Parents First
putting your training and employment first

 **European Union**
European Social Fund
The Parents First project is supported by the European Social Fund

MIDDLEWICH TOWN COUNCIL

 **GREEN DOCTOR**


Alternative Solutions

 **springboard**
cheshire


European Union
European Social Fund


everybody


Pathways CIC


GROUNDWORK
CHANGING PLACES
CHANGING LIVES



Tailored 1-2-1 Support
JourneyFirst@cheshireeast.gov.uk
07814 079458

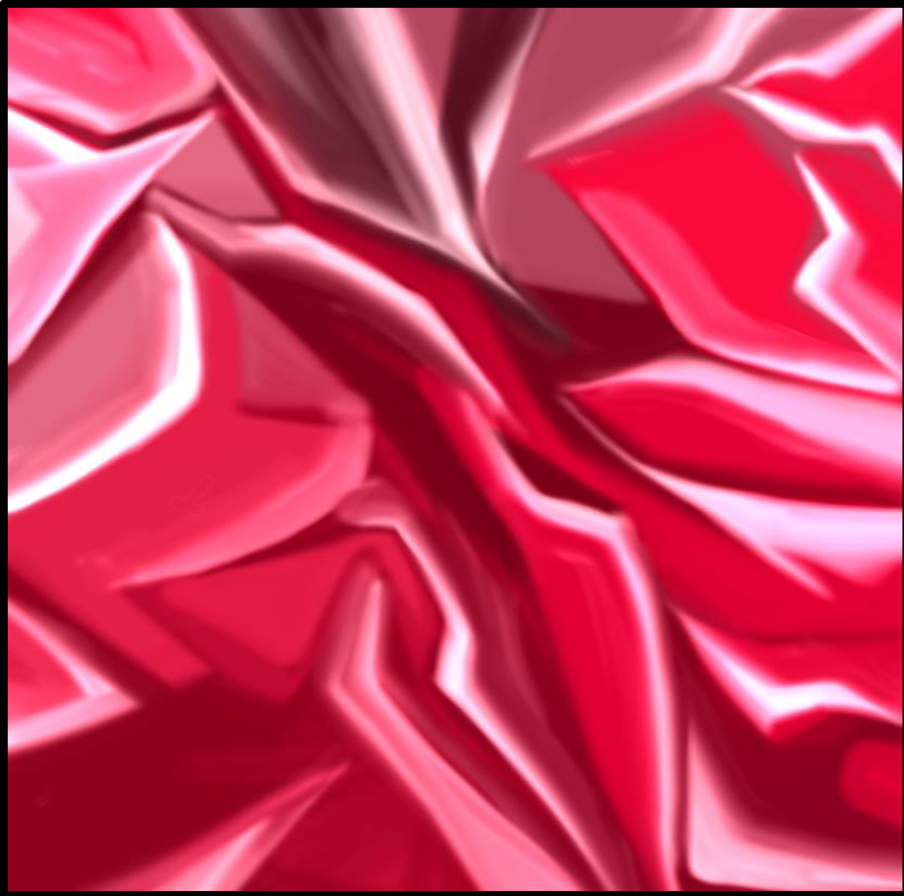
 **European Union**
European Social Fund

 **Journey First**

 **Cheshire East Council**

anssa
OFFICIAL


Cheshire East Council



For more information
about which organisations
will be attending each session,
please contact
Lucie Ferneyhough
Community Development Officer

07929 717909

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All original art work by Journey First member Molly McGrath

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