



# Mini Vinnies Lent Calendar

Welcome to Lent! We are delighted that you're joining us to prepare for Easter. This year we're mixing it up. There is a colouring sheet and on that colouring sheet there are forty different objects, each object corresponds to a box and a challenge. Just simply choose an object each day, except Sundays, colour in the object and complete the challenge. We hope you'll enjoy it and it'll help you get ready for Easter.

**BIRD**

If you can, go for a walk and count how many birds you can spot

**CUPCAKE**

Try baking a cake and giving it to someone

**LETTER S**

Try and stay silent for as long as you can

**CAT**

Care for a pet

**SOCKS**

Donate some of your clothing to a charity shop

**BED**

Tidy your bedroom

**FISH**

Learn about another religion today

**SHIRT**

Try and dress as smart as you can all day

**LETTER A**

Ask someone if you can help them with something

**PENCIL**

Draw a picture of Jesus in the desert

**PRESENT**

Make a gift for someone

**CAKE**

Decorate something such as a cake

**SINGER**

You can't talk today, you're only allowed to sing

**FOOTBALL**

If you can, get out and play a sport today

**BOOK**

Start a new book or finish an old one

**BANANA**

Try and eat extra healthy today



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**LETTER H**

Happy! Be as happy as you can for the whole day

**CANDLE**

Spend some time praying today

**HARP**

Listen to some music that you wouldn't normally listen to.

**WASHING UP**

Help your family with the washing up

**TV**

No TV today!

**PAINT BRUSH**

Paint a picture for a friend

**ICE CREAM**

Give up a snack today

**CANDLE**

Spend some time praying today

**SMILEY FACE**

Keep smiling the whole day

**TREE**

If you can, go for a walk

**TEA POT**

Make someone a cup of tea

**LETTER X**

Learn about the life of St Andrew

**DRESS**

Try making an item of clothing and then donating it

**TURTLE**

Learn something new about the ocean

**CHERRIES**

Today is a treat day!

**FLOWERS**

Pick some flowers for someone

**HEARTS**

Write a letter to someone you care about

**LAPTOP**

If you can, go without the internet all day

**EGGS**

Tell someone about the true meaning of Easter

**LETTER M**

Make somebody laugh

**PERSON DANCING**

No walking today, only dancing

**CYCLIST**

Cycle a journey you would normally drive

**ST VINCENT DE PAUL**

Say a prayer and ask for the intercession of Saint Vincent de Paul

**THE WORD LENT**

Congratulations on completing the challenges!