

40 messages in 40 days

Lent is a great time for reflection and reaching out to others. Do you ever imagine writing messages to people for one reason or the other? Well you can now write those messages you have been thinking about doing. Pray for the person you want to write to first. You can then send them the message or keep it to yourself.

Send a message to someone

17
FEBRUARY

You miss

26
FEBRUARY

Who makes you laugh

18
FEBRUARY

Who is sad

27
FEBRUARY

Who is family

19
FEBRUARY

Who volunteers in any capacity

1
MARCH

Who taught you

20
FEBRUARY

Who is sick

2
MARCH

Who is in mourning

22
FEBRUARY

You forgave

3
MARCH

Is a good friend

23
FEBRUARY

Who has prayed for/with you

4
MARCH

Who plays/played a sport with you

24
FEBRUARY

Who is proud of You

4
MARCH

You admire

25
FEBRUARY

Is in a care home

6
MARCH

Who was/is a classmate



8
MARCH

Who is lonely

22
MARCH

Who hurt you

9
MARCH

Who is your Priest

23
MARCH

Who makes you smile

10
MARCH

Who is unemployed

24
MARCH

Who is like family

11
MARCH

Who offered you
forgiveness

25
MARCH

Who shared a great
meal with you

12
MARCH

You know did a good deed

26
MARCH

Who you are proud of

13
MARCH

Who you hurt

27
MARCH

Who is struggling
with mental health

15
MARCH

Who campaigns for
the environment

29
MARCH

Makes you smile

16
MARCH

Who works for the
emergency services

30
MARCH

You have known for a
very long time

17
MARCH

Who is/has been a
mentor to you

31
MARCH

Who works in a care
home

18
MARCH

Who is a good dancer

1
APRIL

You have mentored

19
MARCH

Who is a father figure
to you

2
APRIL

Who is a mother
figure to you

20
MARCH

Who is a new friend

3
APRIL

Who is humble